

## adaptations

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using the **easiSpec**<sup>®</sup> system to create your perfect adapt<sup>®</sup> chair prescription





## because you are unique...

#### ... so is each and every one of our chairs, and specifying one is as easy as 1,2,3 with our 'chair prescription' system that we call **easiSpec**<sup>®</sup>

 $\frown$ 

Now it's even easier to specify your adapt chair. Just follow the step-by-step method online.

## 6

#### Visit www.ergochair.co.uk

and hover your cursor over the dealer or assessor tab and select the easiSpec software prescription tool option.

Enter your login details and agree to the terms and conditions of use.

#### (2)

From the options listed, select any client postural requirements.

Now go to the 'dimensions' input page by clicking on the 'next' button.

Fill in your client's body dimensions, and a base chair recommendation will be given.

## 3

You can now customise this base chair using the full range of adaptations to create the best chair prescription. The software will make suggestions based on the specific postural requirements you have input, along with a guide RRP.

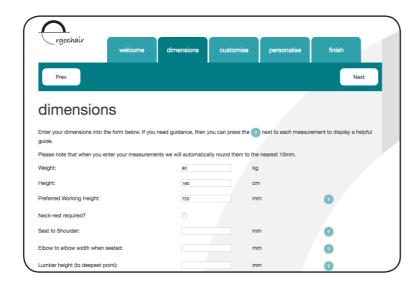
Send it to us and we can quote for the chair. Or save as a PDF to keep.,

...because people aren't built to a standard size, neither are our chairs talk to us about having a chair made just for you  $\frown$ rgochai

EasiSpec helps you perfectly match any person to the best

chair for their unique individual needs.

		xt
welcome t	o the adapt $^{\mathbb{R}}$ easispec $^{\mathbb{R}}$ system	^
Before we begin, we just need that need to be taken into acc	I to gather some basic information about who the chair is for, and details of any relevant special consider count.	atic
Remember, if you get stuck of	r you want to talk to someone about using this system, you can call us any time on 01454 329210	
Client		
Telephone	Home 🔁	
Deceller	Freesheir	



#### Accredited Assessor:

If you would like to access easiSpec become an assessor and arrange a FREE CPD accredited training session at our offices in Yate, Bristol, please get in touch via email easispec@ergochair.co.uk or give us a call **01454 329210** 



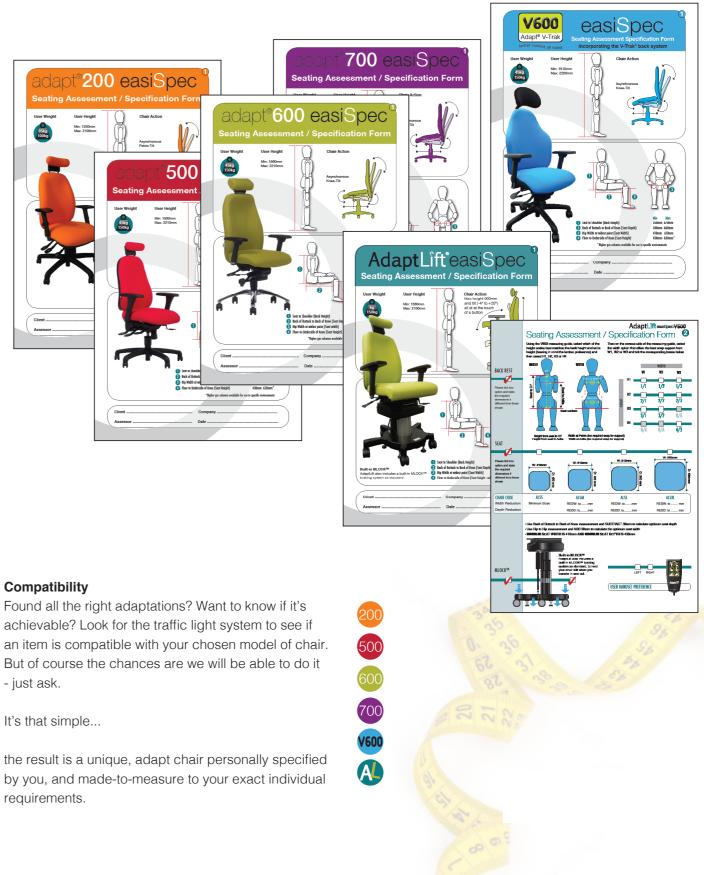
rgochair

accredited

assessor

nobody else is able to offer this bespoke service but then no other chair is an adapt<sup>®</sup>

The easiSpec user guides are all also available in PDF form at www.ergochair.co.uk Each guide outlines all possible customisations that we're able to make, and which individual adaptations are compatible across our ranges.



achievable? Look for the traffic light system to see if an item is compatible with your chosen model of chair. But of course the chances are we will be able to do it - just ask.

Most adaptations compatible with the V600 are also compatible with the V600 version of the AdaptLift.

## the myth of the average person

Most ergonomic seating is mass-manufactured on a component basis aimed at the 50th percentile of the adult population, in the belief that it will fit the 'average-sized' person.

The 50th percentile, however, differs for males and females and also between Asia (where many standard chair components are made) Europe and/or the UK.

The reality is that even the best 'off-the-shelf' chair with a standard level of adjustability, will only fit up to 40% of the population, and even then will not address any specific postural concerns. even the best 'off-the-shelf'
chair will only fit 40% of the
population and will not address any
specific posture issues.

## There is no such thing as an average-sized person

Which is why we cut the chair to fit the person, so that the starting point or template is the right size for you before we begin to fine-tune it.

## getting under the skin of an adapt<sup>®</sup> chair

#### The basic anatomy and how we can adapt it

Most people know about the major elements that make up an office chair.

What's more interesting though, is what we can do to them.

We tried counting how many different combinations of adaptations we offer, but at over 10,000 we figured we probably had it covered.

So, in this adaptations book, we've tried to show you as much of what we do as possible, starting right here, with the basics; the anatomy of a chair.

#### Backrest

- Can be cut to fit your exact seated height
- Lumbar air-cell fitted as standard
- Lots of air-cell and foam modifications available
- Available with the V600 backrest a totally customised spinal support system for postural care issues

#### Arm rests

- Height, width and depth adjustment options
- Custom-made options available

#### Seat

- Can be cut to fit you in all the right places
- Lots of air-cell and foam modifications available

#### Gas lift

- Huge range of seat heights catered for
- Anti-swivel and lock options

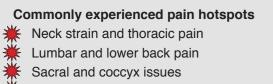
#### Castors

• Brake-loaded & unloaded options

#### Taking care of postural issues and disabilities

We can construct a chair from our adapt<sup>®</sup> range to fit 99.9% of the adult UK population, and we can customise it to support any postural or disability requirements.

Our easiSpec<sup>®</sup> system will then allow you to customise it and create the complete chair prescription.



Sit bones - pressure discomfort

60% of people sitfor over 6 hours per day ...in a chair that doesn't fit.

#### **Neck Support**

- Height and angle adjustable
- Different pad shapes and sizes
- Can be custom-made

#### Mechanism

- Wide range available
- Free-float function for dynamic sitting
- Body-weight tension adjustable

## the adapt<sup>®</sup> range because people are not made to standard specifications... neither are our chairs



The 'petite' solution, the adapt<sup>®</sup>200 is ideal for young people and smaller adults.

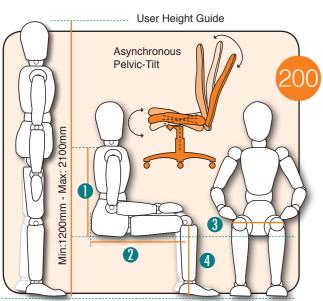
Small and perfectly formed, the adapt®200 is offered on a made-to-measure only basis, this is because it's built around your unique dimensions.

#### Standard features:

- Made-to-Measure only •
- Free-float Function
- 3-lever Asynchronous Pelvic-Tilt Mechanism •
- Independent Back Angle Adjustment ٠
- Back Height Adjustment
- Seat Depth & Height Adjustment •
- Inflatable Lumbar Support
- Memory Foam Seat Layer

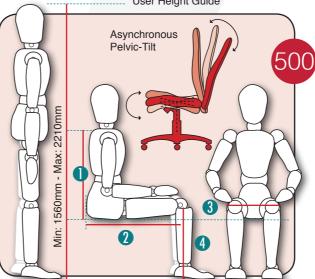


Our 200 range has now been especially extended to include the ground-breaking Ergokids made-to-measure chairs.









The adapt<sup>®</sup>500 is our entry level into the world of real ergonomic chairs. It is a great value for money chair, but that's not to say it's not still exceptional.

Designed to bring high levels of comfort through adaptability, the adapt<sup>®</sup>500 is compatible with many of our adaptations.

Standard features:

- Free-float Function
- 3-lever Asynchronous Pelvic-Tilt Mechanism
- Independent Back Angle Adjustment ٠
- Back Height Adjustment
- Seat Depth & Height Adjustment •
- Inflatable Lumbar Support •
- Memory Foam Seat Layer



The adapt <sup>®</sup> 500 vital statistics							
		Min	Max				
0	Back Height	420mm	640mm				
2	Seat Depth	410mm	610mm				
3	Seat Width	410mm	610mm				
4	Seat Height	430mm	620mm*				
	*Higher gas columns available for use in specific environments						

All Adapt chairs are tested to: BS5459: Part2: 2000

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## the adapt<sup>®</sup> range because people are not made to standard specifications...

The adapt<sup>®</sup>600 is our flagship chair,

can make to this chair.

Standard features:

•

• Free-float Function

Back Height Adjustment

for creating bespoke solutions.

offering almost limitless customisation.

There is virtually no end to the level of adaptation we

The adapt<sup>®</sup>600 is our most versatile range and is ideal

• 3-lever Asynchronous Knee-Tilt Mechanism

Independent Back Angle Adjustment

• Seat Depth & Height Adjustment

Inflatable Lumbar Support

Memory Foam Seat Layer

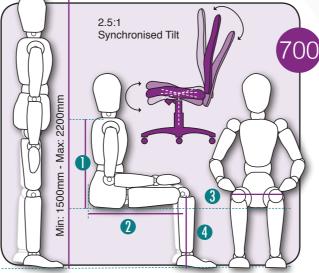


User Height Guide

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	_			
T	he	e adapt <sup>©</sup>	<sup>®</sup> 600 vita	al statistics
			Min	Max
	D	Back Height	350mm	670mm
	2	Seat Depth	340mm	660mm
	3	Seat Width	410mm	610mm
	4	Seat Height	430mm	630mm*
		*Higher g		ilable for use in ic environments





## neither are our chairs

The adapt<sup>®</sup>700 the 'heavy-duty' solution to accommodate the larger user - up to 40st/250kg.

The adapt®700 has an Synchronous Tilt Mechanism, this allows you to adjust the backrest angle and the seat tilt independently of each other.

The adapt®700 also features an inflatable lumbar support, multi-layered foam construct seat pad, seat depth adjustment function and a heavy-duty, polished aluminium base.

Standard features:

- Free-float Function
- 2.5:1 Synchronous Tilt Mechanism
- Independent Back Angle Adjustment
- Back Height Adjustment
- Seat Depth & Height Adjustment
- Inflatable Lumbar Support
- Memory Foam Seat Layer



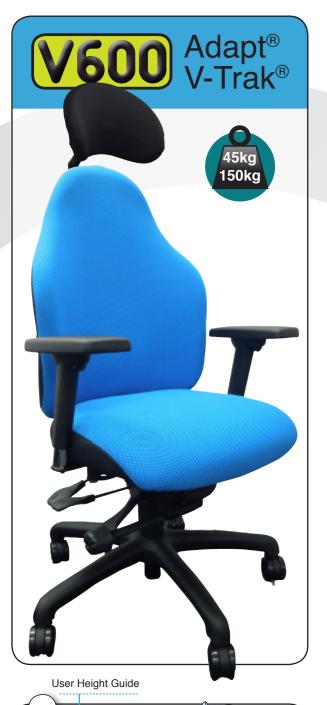
#### † seats > 520mm deep have no seat slide

The adapt <sup>®</sup> 700 vital statistics							
		Min	Max				
	Back Height	450mm	660mm				
2	Seat Depth	420mm	570mm*†				
6	Seat Width	620mm	620mm**				
4	Seat Height	500mm	670mm				
		*Seat depth	can be tailored				
< l>		**Fi	xed seat width				

All Adapt chairs are tested to: BS5459: Part2: 2000

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## the adapt<sup>®</sup> range because people are not made to standard specifications...



Asynchronous Knee-Tilt V600

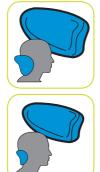
V-Trak<sup>®</sup> technology was originally developed for wheelchair use, to address very specific postural issues.

We are now proud to say we are able to offer this technology in an office chair, adapt®**V600** 

Standard features:

- 3-lever Asynchronous Knee-Tilt Mechanism
- Back Height Adjustment
- Seat Depth & Height Adjustment
- Inflatable Lumbar Support
- Memory Foam Seat Layer
- Infinitely adjustable lateral wrap-around wings
- Hidden inner-contouring straps





V600 backrests offer an innovative headrest adaptation with infinite positioning possibilities.

The Medium and Large Wing Pads and The Crescent Pad.

Ideal for asymmetrical profiling and specific postural and medical conditions.

The adapt®V600 vital statistics							
		Min	Μαχ				
	🕨 Back Height	350mm	670mm				
e	Seat Depth	340mm	660mm				
	Seat Width	410mm	610mm				
4	Seat Height	430mm	630mm*				
	*Higher gas columns available for use in specific environments						



## neither are our chairs

The AdaptLift<sup>®</sup> has been designed specifically for people who need some extra help, either with adjusting the height of their office chair or getting in and out of it.

Available exclusively as part of the adapt<sup>®</sup>600 range, The AdaptLift comes as a complete chair with a custom-made seat and backrest.

Electronically powered using our unique high-performance, rechargeable battery system, AdaptLift is easy to operate and provides the perfect rise and tilt function using our bespoke AdaptLift<sup>®</sup> handset.





The AdaptLift<sup>®</sup> is also available with V-Trak<sup>®</sup> back rest and neck support options.

Most adaptations compatible with the V600 are also compatible with V600 version of the AdaptLift.



The AdaptLift <sup>®</sup> vital statistics					
		Min	Max		
0	Back Height	350mm	670mm		
2	Seat Depth	410mm	610mm		
3	Seat Width	410mm	610mm		
4	Seat Height	510mm	900mm		
4	Seat neight	SIUMM	900mm		

## level 1 adaptations: arm rests

Arm rests are the perfect first level of enhancement to your office chair, providing support under your elbow without having to stretch to reach them. Offering full adjustability and function, all our arm rests are height-adjustable. Many feature width and additional depth adjustment. We can also custom-make arm rest pads to specific sizes and shapes.



HAA arm rest Height-adjustable arm rest Width adjustable on most chair models (hand wheel) Code: 1233 Approx. Dimensions: Seat to pad: 150 - 240mm Pad width: 90mm Pad length: 240mm



500

600

1234 arm rest

Height and width adjustable arm rest Retractable arm pads – slide action Code: 1234 Approx. Dimensions: Seat to pad: 150 - 240mm Pad width: 90mm Pad length: 250mm



**3D Trigger arm rest** Height and width adjustable arm rest Retractable arm pads - button control Width adjustable arm pads - button control Code: 3DTARM Approx. Dimensions: Seat to pad: 160 - 250mm Pad width: 90mm Pad length: 240mm

4D arm rest

Height and width adjustable arm rest Retractable arm pads – slide action Width adjustable arm pads – slide action Rotatable arm pads – twist action Code: 4DARM Approx. Dimensions: Seat to pad: 160 - 240mm Pad width: 100mm Pad length: 240mm Rotating arm rest

Height adjustable Backward rotation function Ideal for wheelchair transfer Code: WSARM Approx. Dimensions Seat to pad: 160 - 23 Pad width: 80mm Pad length: 280mm



Mobile Support arm rest Multi-function arm rest designed for severe upper-lin disorders and disabilities. *Suitable for light loading of* Code: MSA

# 7

**Gel Pads** Supplied as a pair, gel pads add an ex

gel pads add an ext layer of comfort to or 1234 arm rests. Code: GEL

#### Upholstered arm pad

If you'd like to match your arm pads to your chair colour, we can do that! We also make bespoke arm pads for specific needs – talk to us and tell us what you need. Code: UPARM / BESPARM Approx. Dim Pad width: 80 Pad length: 2

The Upholste optional extra separately at 1233, 1234,

#### + or - 50mm ADARM If our sta we can in Compatib

#### If our standard arm height adjustme we can increase or decrease the si Compatible with 1234, HAA, 4D arr

Note: Dimensions provided are approximate and in relation to a typical adapt<sup>®</sup>600 configuration. Please contact us if you need approximate dimensions in relation to other adapt ranges.

<b>is:</b> 30mm		200 500 600 V600 A
mb <b>nly.</b>	<b>Approx. Dimensions:</b> Seat to pad: 170 - 250mm Pad width: 45mm (wrist cup) Pad length: 150mm (wrist cup)	200 500 600 V500 A
these tra our	<b>Approx. Dimensions:</b> Pad width: 100mm Pad length: 280mm	200 500 600 700 V600 K
ra which	n pad is an is added mpatible with:	200 500 600 700 V600 &
start poir rm rests.	ge doesn't meet your need, it by +/- 50mm using our Adarm bracket. cal adapt®600 configuration.	200 500 600 700 700 700

## level 1 adaptations: neck rests, gas lifts, castors, bases, foot rests and movement control

## gas lifts and swivel locks

To enhance your comfort, whilst working,

The adapt range of neck & head supports, castors resting or taking a posture-break, these supports also move and articulate in different ways to provide an option to suit everyone.

200 500 600 700 &	Neck curve <sup>™</sup> As the name suggests, this clever little curve provides support to the neck and base of the skull. Avail- able as a mini, standard or large* version.	Width:	Mini 80mm 210mm as an opt	ensions: Standard 80mm 270mm ion on the ada be supplied.	Large 110mm 330mm pt 700 chair,		
	and more to the nec	rest offers a rounded cus				Approx. pad dimensions: Height: 110mm Width: 220mm	200 500 600 700 &
500 600 700 &	V- rest This versatile support can be used support or as a flatter-style head re to the pad shape and multiple artic points. Available in one size.	est due	Height	<b>x.</b> mensions: : 170mm 280mm			
	shape.		ore tradi	tional, flatter	Heigl	<b>rox.</b> <b>dimensions:</b> ht: 180mm h: 210mm	500 600 700 &
Let Opt	<b>s lifts</b> We can offer seat heights from us know what you need and we can imum seat height is determined not equally by the height of the work su	recommenc only by your rface you us	I the app body dir e.	propriate gas mensions	lift.	w your chair moves	



**Castors** The right castors can have a huge effect on how your chair moves. As standard we fit 65mm castors as this enables optimum 'roll'. For hard floors we offer a soft-wheel option. For alternative movement control we also offer brake-loaded and a brake-unloaded options.

**SLOCK<sup>™</sup>** Our Swivel Lock gas lift functions as a regular gas lift until you want to keep it still. Operate the mechanism to lock and unlock as needed.



#### The adapt range of bases

Whether you'd like to change the way your chair base looks, alter the way it functions, or find a place to rest your feet, we offer a solution to help.

#### **MLOCK™**

This clever device will hold your chair still should you need to transfer to and from a wheelchair, or prevent the chair from moving for intricate tasks.

Activate the hand (or battery) pump to inflate the air-cell and engage the non-slip feet.

Comes with non-swivel column as standard.\*\* Other gas lifts available upon request.

Dimensions: 695mm (27") footprint

\*\*The Movement Lock is integrated on the AdaptLift and the V600 AdaptLift



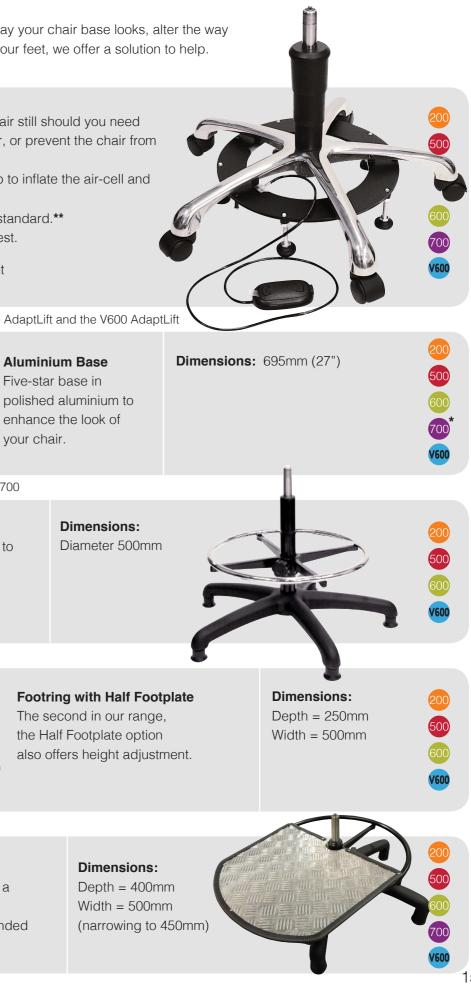
**Aluminium Base** Five-star base in enhance the look of

\*Aluminium Base is standard on the adapt700

#### Footring

This option is the first of our places to rest your feet whilst sitting.

It's also height adjustable.



#### **Extended Footplate**

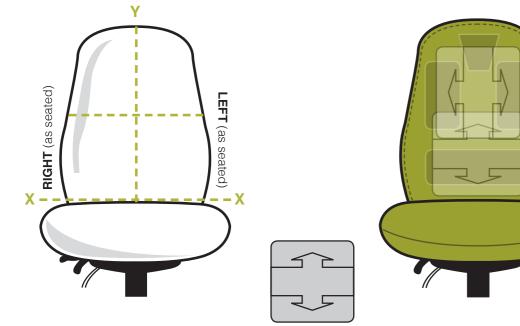
The third option in this range offers a deeper plate along with the height adjustment function. Bespoke extended footplates are also available.

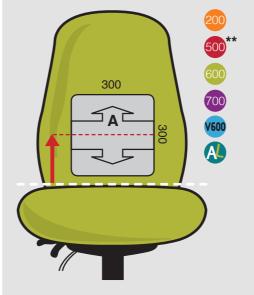
## level 2 adaptations: Backrest Modifications

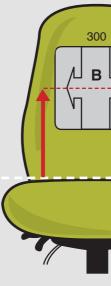
Once the backrest has been specified to fit, using the easiSpec system, we can then create the perfect contouring with built-in adjustability, using a combination of air-cells and foam sculpting. All chairs come with an inflatable lumbar cell as standard, so we've not shown it here.

We'll even place it just where you need it on the adapt 200, 600, V600\*, AdaptLift & 700 ranges.

Here are some of our most popular and often specified modifications which covers pretty much the whole back rest area.







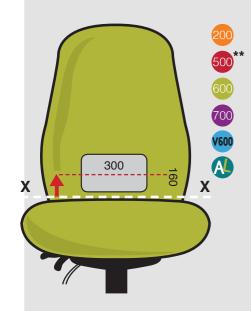
#### **Reactive Lumbar Cell** This inflatable air-cell has three reactive chambers between which the air is squeezed when pressure is applied. Useful for a larger, gentler lumbar support.

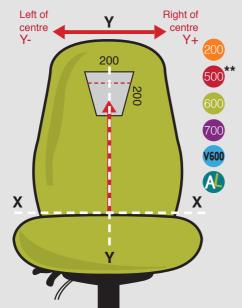
500

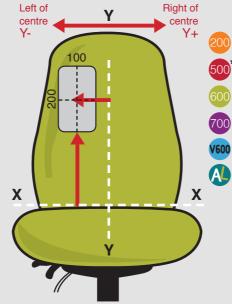
700

A

**Reactive Vertical Cell** Placed vertically this reactive air-cell helps accommodate uneven contact across the back. Useful for Scoliosis and other spine formation issues.







#### Sacral Cell

This option offers an inflatable support across the sacrum. Useful for Sciatic and Pelvic support issues.

#### **Thoracic Cell**

As the name suggests, this air cell can be placed between the shoulder blades to offer thoracic support.

#### **Vertical Support Cell**

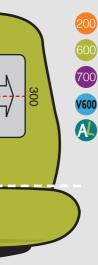
This air cell can be placed on the left or right side (or both) to offer general lateral support, or help accommodate a gap in the back contact.

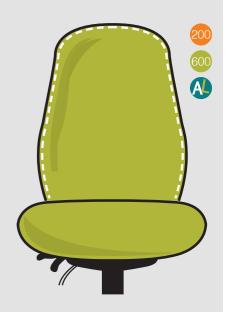
#### Memory Foam Layer

For enhanced back rest moulding, we can build in a layer of memory foam with an optional further enhancement of a stitched cover to reduce surface tension.

#### **Sculpted Back Foam**

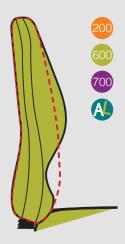
along the way.





#### Stitched Backrest A stitched backrest provides a softer sit and is ideal when using memory foam as it reduces surface tension.





We can tailor, sculpt and shape the foam in our back rests to your specification. Examples shown here. We provide an easiSpec diagram template for you and we offer guidance

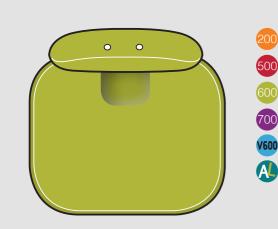
## level 2 adaptations: seat modifications

#### As with the back rests, once the seat is cut to size All our seats come with a memory-foam layer as the adaptation begins.

We can offer everything from a basic air-cell insert to cut-outs are available. a fully-tailored solution, giving you unlimited levels of seat customisation.

standard: extra layers are easily added, bespoke

What happens next is up to you.



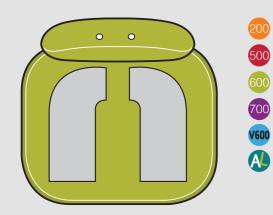
#### Coccyx Cut Out

This is the complete cut-out option for pressure relief around the coccyx area. Approx. dimensions of cut-out: 140mm L x 100mm W Bespoke cut-outs available.



#### Coccyx Zone

For a slightly more subtle solution to coccyx issue, the coccyx zone provides an invisible relief zone. Approx. dimensions of zone: 140mm L x 100mm W



#### **Thigh Support**

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(Left, right or pair)

These inflatable air-cells can be used singly on the left or right side, or as a pair. Useful for musclewastage related conditions or to provide pressure relief through the middle of the seat. Approx. cell size is 200mm x 100mm

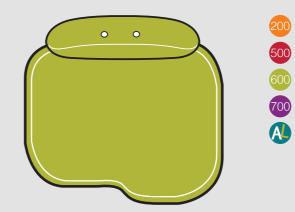


#### Ergocore<sup>™</sup> Seat Cell

This dual-chamber air-cell option sits inside the seat and provides a 'reactive sit' to gently activate your core and lower back muscles whilst cushioning your sit bones. Useful for sciatic relief and general core strengthening. Approx. cell size: 380mm W x 230mm D

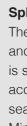
#### Stitched Seat Cover

To enhance this further and get a softer, flatter sit, you can opt for a stitched seat cover.

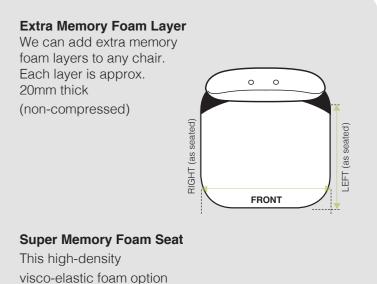


#### Wave Seat

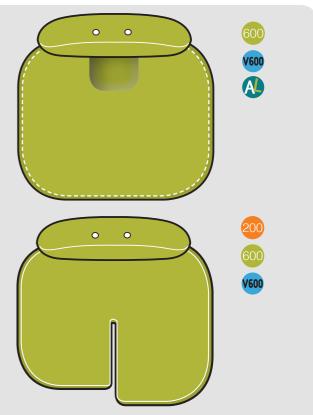
We can cut the front edge of the seat to reflect the differences with unequal thigh length. All we need are your measurements from the easiSpec assessment. Minimum seat depth: 340mm (420mm on adapt700)











#### Split Seat

The split seat option has deflecting front sections and is ideal for cases where the thigh length differential is significant, for fused hip or knee joints or to help accommodate a prosthesis. We can custom-make this seat to your measurements.

Min overall depth: 450mm Min width: 410mm

- offers superior levels
- of comfort as the seat
- conforms to you.

because people are not made to standard specifications...

## ... neither are our chairs

Our Adaptations<sup>™</sup> range is constantly growing in response to every new challenge or project

So, if you don't see what you need within this book, come and talk to us

**easiSpec**<sup>®</sup> includes a totally bespoke section, plus our in-house manufacturing and testing capability means we can go back to the drawing board and design something completely new

